
What You Need To Know about CPR

- In May 2015, forklift driver Ryan Buchanan's workmates found him collapsed in the operator's seat of his machine. [The Hume Leader](#) reports his colleague Greg Brooks immediately dialled triple zero, he then proceeded to apply CPR on Buchanan for the next ten minutes. This was enough to keep Buchanan alive until the paramedics arrived and he was able to fully recover from the incident.
- Last July, a Queensland Brickie, saved a 26 year old woman's life, by performing CPR on her for 16 minutes. Adrian Rowe had been chatting to Imogen Donaghy when she complained to her workmate, that she was feeling light-headed. According to an article in the [Redland City Bulletin](#) Mr Rowe said, "I thought it was a seizure and she was in among bottles so I went over to her. She was dead.' So he began resuscitation practices whilst the store manager phoned for help. Rowe had recently attended a CPR refresher course, and he was able to keep her alive until paramedics arrived and took over from him.
- In November 2014, the [Victorian Herald Sun](#) reported, a teenage mechanic found one of his customers had collapsed outside the auto workshop. Liam Macallister, quickly assessed John Kalogirou needed CPR to keep him alive and worked on him for some 15 minutes until emergency services arrived.

These are just a small sample of the many, many incidences when a quick thinking tradie has been able to save someone's life at their workplace.

Most Australian workers would have had some basic CPR training during their school years. However, cardiopulmonary resuscitation practices have changed in the past years, and, let's face it, we all need refresher courses to keep our skills up to date.

Remember, [WorkSafe Victoria](#) requires all workplace first aid officers undertake CPR training every year, and resuscitation masks need to be included in all workplace medical kits. [SafeWork NSW](#) requires at least one employee be trained in First Aid practises. They note, 'first aiders should hold nationally recognised Statement/s of Attainment issued by a Registered Training Organisation (RTO) for the nationally endorsed first aid unit/s of competency.' Also first aid officers must to have up-to-date CPR training that can be practised if the need arises.

Edway Training runs accredited CPR Training Courses at both their Victorian and Sydney venues. They only take 3 hours to complete and we offer discounted Group Bookings for Onsite CPR Training at your workplace or chosen venue.

For any information about training subsidies, to enroll, or any other information concerning our Onsite Training Courses - contact our Nationally Recognised organisation - Edway Training.

Call us nationally on our 1300 663 350 hotline, Email info@edway.edu.au, or simply fill out the form on our [Contact Page](#).